



PSHE Curriculum Map 2021-2022

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	What makes us special and unique?	How can we grow up to be healthy and safe?	How can we be a good friend?  What keeps us safe?	What strengths, skills and interests do we have?  How do we treat each other with respect?	What makes up a person's identity?  What decisions can people make with money?	How can we keep healthy as we grow?
Spr 1	What keeps us healthy?	What is a good friend and how do we care for them?	What are families like ?  What makes a community?	How do we manage our feelings?  How do we grow and change?	How can we help in an accident or emergency ?  How can friends communicate safely?	How can media influence people?
Sum 1	How can we look after each other and the world?	What jobs do people do? How can we help?	Why should we eat well and look after our teeth?  Why should we keep active and sleep well?	How can our choices make a difference to others and the environment?  How can we manage risk in different places?	How can drugs common to everyday life affect health?  What jobs	What will change as we become more independent?  How do friendship

					<i>would we like?</i>	<i>s change as we grow</i>
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