



### Gold Award

- ✓ I can enjoy things that give positive energy
- ✓ I can keep myself safe
- ✓ I can show commitment
- ✓ I understand and show deep concentration
- ✓ I can identify my strengths and improve
- ✓ I can change my behaviours
- ✓ I can see opportunities to help others

I know that I should show:-

- honesty and truthfulness
- confidence
- impeccable behaviour
- empathy to others
- curiosity and ask questions
- positive beliefs and values
- positive attitudes to difficult situations
- healthy, risk and safety awareness