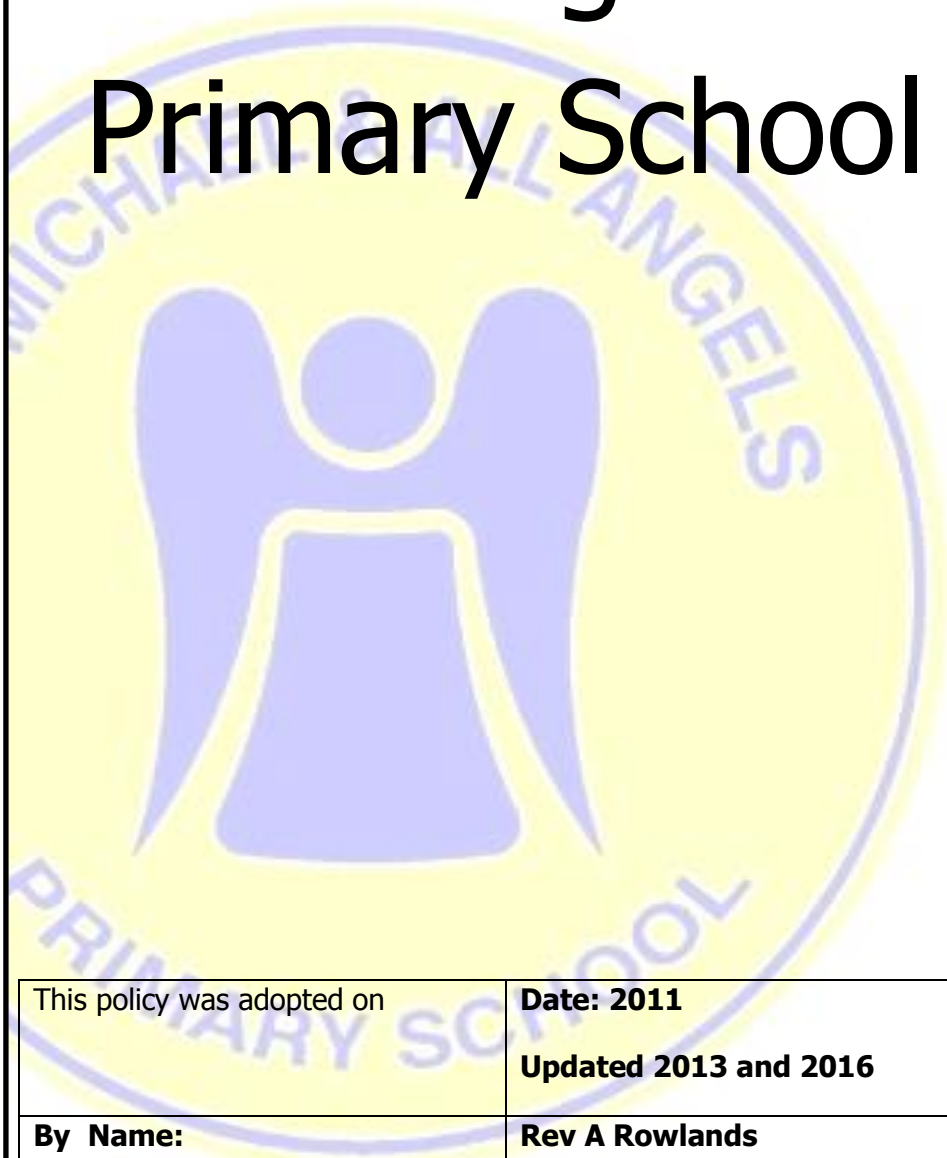


Prayer Policy

St. Michael & All Angels Primary School



This policy was adopted on	Date: 2011 Updated 2013 and 2016
By Name:	Rev A Rowlands
Position:	Chair of Governors
Signature:	on behalf of St Michael & All Angels Primary School

St Michael and All Angels' Catholic Primary School

"Prayer is the raising of the mind and heart to God," The Faith of the Catholic church.

Ed Rt Rev D Konstant

As with every relationship, our experience with God can only grow through communication. Prayer is the way in which we engage in communication with God.

Prayer consists of :-

Listening- being attentive to the voice of God in every moment;

Speaking- expressing the deepest longings and desires of our hearts to the one who knows and understands us better than we know ourselves;

Reflecting- thinking about our relationship with God;

Resting- simply being consciously in the presence of God, knowing that we are loved ;

As teachers in our catholic school, every member of staff is expected to either:

- ✓ actively engage with pupils in prayer
- ✓ ensure that there are opportunities for pupils to pray

Traditionally there are three points in each day when prayer should take place:

- ❖ morning;
- ❖ evening;
- ❖ night.

In addition, it is customary to pray:

- ❖ before and after meals;
- ❖ before the beginning of any significant action.

In our school it is expected that teachers will:

- provide opportunities for pupils to pray;
- provide pupils with meaningful prayer experiences;
- assist pupils to develop the language of prayer;
- teach pupils the traditional prayers of the Church;
- help pupils to develop habits of prayer.

They will do this in order that pupils will be able to:

- contemplate something of the mystery of God;
- reflect on moral and spiritual issues;
- explore their own beliefs;
- experience a sense of belonging and develop community spirit;
- develop a common sense of ethos and shared values;
- enrich religious experience;

Prayer/Liturgy Groups

Prayer groups will pray together at different times of the week for a variety of reasons including those above. These prayer groups will meet with members of staff to enrich the pupils' and adults religious experiences. Prayers will also form part of the weekly newsletter to parents, carers and families.

Come and See for Yourself/Staff Liturgy

Staff pray together at the beginning of each new Come and See topic following the Come and See for Yourself Liturgy. Staff will also participate in prayers incorporated into the weekly briefing notes.

Prayer Policy

The prayers below are used throughout the school. A comprehensive list of prayers is listed in the Come and See Teacher Handbooks and on the Come and See Website and is incorporated through the RE curriculum along with resources on the school shared area for RE.

Early Years

Sign of the Cross

Prayer before snack

Reception

Sign of the Cross

School Prayer

Morning Offering

Grace at Meals

Our Father

Hail Mary

Act of Sorrow

Mass Responses

Key Stage 1

Sign of the Cross

School Prayer

Morning Offering

Grace at Meals

Our Father

Hail Mary

Glory be to the Father

Angel of God

Goodnight God

Angelus

Benedictus (Luke 1:67-69)

Magnificat (Luke 1:46-55)

Eternal Rest

The Mysteries of the Rosary

Prayers at Mass

Saints' prayers

Simple phrases from psalms

Key Stage 2

Sign of the Cross

School Prayer

Morning Offering

Grace at Meals

Our Father

Hail Mary

Glory be to the Father

Angel of God

Eternal Rest

Act of Contrition

NB Conscious of the revised wording of the Mass, we will endeavour to introduce common responses which will be new to all worshippers, e.g. The Lord be with you. And with your spirit.

PRAYER LISTING

Morning prayers

Morning Offering

The School Prayer

Mealtimes prayers

Grace before meals

Grace after meals

Evening prayers

Use a variety of the following prayers during the week:

- ✧ Act of Contrition (Juniors)
- ✧ Act of Sorrow (Infants)
- ✧ Our Father
- ✧ Hail Mary
- ✧ Glory be to the Father

Rosary – A week in October, the month of the Rosary

- ✧ Our Father
- ✧ 10 Hail Marys
- ✧ Glory be to the Father

Focus on the Joyful and the Glorious Mysteries – 1 each day

- ✧ The Annunciation
- ✧ The Visitation
- ✧ The Nativity
- ✧ The Presentation
- ✧ The Finding in the Temple

School Prayer

This is our school.

Let peace dwell here.

Let the room be full of contentment.

Let love abide here:

love of one another, love of mankind,

love of life itself and love of God.

Let us remember that as many hands build a house,

so many hearts build a school. Amen.

Morning Offering

Father in Heaven,
I give you today
all that I think and do and say
and I join it with all that was done
all his life by your dearest son. Amen.

Grace before meals

Lord, Jesus Christ, be with us as we eat
and bless us and help us to enjoy our meals together. Amen.

Grace after meals

With you, Lord Jesus Christ, we thank God our Father for what we have received.
Be with us now, Lord, as we go on with the day. Amen.

Act of Contrition (Juniors)

O my God,
because you are so good
I am very sorry that I have sinned against you
and by your help
I will try not to sin again.
Amen.

Act of Sorrow (Infants)

I'm sorry dear God.

Forgive me please do.
I'll try to do better
and always love you. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us
and lead us not into temptation
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. Amen.

Glory be to the Father

Glory be to the Father
and to the Son
and to the Holy Spirit
as it was in the beginning,
is now and ever shall be

world without end. Amen.

